

# SEPTEMBER 2020

## Towns County Middle-High

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**  
Cheese Quesadilla  
Marinara Sauce  
Celery Sticks W/Dip  
Refried Beans  
Fruit

Chicken Biscuit

**2**  
BBQ Pork Sandwich  
Mac & Cheese  
Carrots W/Dip  
Chips / Fruit

Egg & Cheese Biscuit

**3**  
Chicken Alfredo  
Hawaiian Roll  
Green Peas  
Carrots  
Fruit

Sausage Biscuit

**4**  
Hot Dog on Bun  
Broccoli with Dip  
Potato Smiles  
Cookie  
Fruit

Chicken Biscuit



**7**  
Soft Beef Taco  
Corn / Salsa  
Black Olives &  
Jalapenos  
Fruit

Chicken Biscuit

**8**  
Chicken Tenders  
Biscuit  
Mashed Potatoes  
Carrots  
Applesauce Cup

Egg & Cheese Biscuit

**9**  
Spaghetti  
Garlic Bread  
Green Beans  
Side Salad  
Fruit

Sausage Biscuit

**10**  
Corndog  
Onion Rings  
Baked Beans  
Carrot Dippers / Fruit

Chicken Biscuit

**11**  
Beef Rotini  
Biscuit  
Broccoli  
Corn  
Fruit

Sausage Biscuit

**12**  
Chicken Fajita  
Chips & Queso  
Refried Beans  
Salsa / Sour Cream  
Fruit

Chicken Biscuit

**13**  
Chicken Nuggets  
Biscuit  
Mashed Potatoes  
Green Beans  
Fruit

Egg & Cheese Biscuit

**14**  
BBQ Pulled Pork  
Mac & Cheese  
Carrots  
Biscuit  
Fruit

Sausage Biscuit

**15**  
Chicken Sandwich  
Roasted Potatoes  
Baked Beans  
Lettuce/Tomato/Pickles  
Fruit

Chicken Biscuit

**16**  
Popcorn Chicken  
Biscuit  
Broccoli with Cheese  
Pinto Beans  
Fruit

Sausage Biscuit

**17**  
Beef Taco  
Corn  
Salsa  
Taco Fixings  
Fruit

Chicken Biscuit

**18**  
BBQ Sandwich  
Mac & Cheese  
Coleslaw  
Fruit

Egg & Cheese Biscuit

**19**  
Chicken & Pre-  
Packaged Pancakes  
Oven Fries  
Blueberry Crisp

Sausage Biscuit

**20**  
Cheeseburger  
Baked Beans  
Tomato/Pickles  
Chips  
Fruit

Chicken Biscuit

**21**  
Chicken Alfredo  
Biscuit  
Steamed Broccoli  
Carrots  
Fruit

Sausage Biscuit

**22**  
Spaghetti  
Garlic Bread  
Green Peas  
Side Salad  
Fruit

Chicken Biscuit

**23**  
Spicy Chicken Sandwich  
Pasta Salad  
Oven Fries  
Lettuce/Tomato/Pickles  
Cookie  
Fruit

Egg & Cheese Biscuit

### DID YOU KNOW?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

### Daily

Breakfast will consist of Assorted Biscuits or pastries & fruit or juice with choice of milk. Choice of 1% white or chocolate milk offered daily. Peanut Butter & Jelly sandwich boxes, yogurt sandwich boxes offered as meal options. Salad boxes will also be made available.

A La Carte Options will be available for extra item purchases for an additional price.

### School Info

Breakfast Price is \$1.00 full price or .30 for Reduced Price.

Lunch full price is \$2.45 or .40 for Reduced Price.

All students will be issued a Barcode for cashiers to scan to eliminate use of touch pads and reducing the spread of germs.

Please make sure students keep up with their ID Badges and bring them daily.

Menus are subject to change without prior notice.

This institution is an equal opportunity provider